



EXERCISES

Your Favourite "Things"

Select a couple of items from your home or wardrobe that you absolutely love. Then for each item please list what it is that you love about them.

Your Style Icons

Think of the people that you most admire - They could be famous or someone you know, they could be living or dead - please write down the reasons why you admire their style.

Your Style Words

How do you want to be perceived by others? What would you like someone to believe about you before you even open your mouth?
